

Lose Weight the Tasty Way, With MEALtime

Available in Vanilla or Chocolate flavour

What is MEALtime?



A dairy-free, gluten-free and vegan meal replacement and protein powder that has been fortified with vitamins and minerals.

High in protein, low in fat with no artificial flavours or sweeteners this vanilla flavoured daily shake is a good source of dietary fibre from psyllium husks. Protein contributes to the growth and maintenance of muscle mass and the maintenance of normal bones.

Mix this tasty vanilla OR chocolate-flavoured, dairy-free and gluten-free powder into a smoothie using a liquid of your choice and you will be accessing a wide range of high quality nutrients quickly and easily.

Benefits of MEALtime

- Increases nutrient intake
- Aids recuperation from disease, illness and surgery
- Stabilises blood sugar
- Aids weight loss
- Increases energy levels
- Supports coeliacs, improves digestive health
- Maintains a healthy metabolism
- Supports muscle repair, building muscle mass and aiding recover after exercise

This product is suitable for Vegetarians & Vegans.

Disclaimer: The information on this report is intended as an educational tool to offer information about alternative healing and health maintenance options available to the health care consumer today. The advice on this site and in all of Wikaniko's published works are intended solely for informational and educational purposes and not as medical advice. The products are not intended to diagnose, treat, cure, or prevent any disease. Please consult a medical professional if you have questions about your medical health.

Order yours today from our shop and experience the benefits for yourself!

