

Jasmine Dilute Essential Oil

Intro

Jasmine is a delicate, evergreen climber native to China and India with small, white, star-shaped flowers, which are picked at night, when their fragrance is at its most powerful. Jasmine essential oil has a sweet, exotic and richly floral smell. It is expensive, as its distillation is more elaborate than for most oils. It is used to deeply relax, lift depression and increase confidence. We sell a pre-made dilution of this essential oil.



Usage

This oil is said to soothe the nerves and produce a feeling of confidence and optimism, while also restoring energy. It reduces childbirth time by strengthening contractions and easing pain. It is believed to relieve impotence, frigidity, and premature ejaculation due to its soothing and calming properties. It helps cough and laryngitis and is also useful in a massage oil to ease muscle pain, sprains, and stiff limbs. Jasmine oil tones dry, oily, or sensitive skin, increases elasticity and is said to reduce stretch marks.

Ancient Wisdom

The jasmine has been considered a holy flower in India for hundreds of years and is strung together to make garlands for Hindu gods and Goddesses still today. Jasmine is commonly worn in the hair by Indian women and is one of the main flowers in wedding garlands as well. According to a myth, the sun god, Surya, rejected a princess's love and she was so heartbroken that she killed herself. From her ashes scattered on the ground, a jasmine plant grew. Since the sun god caused her so much pain, the jasmine flower only bloomed and released its perfume at night.



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